

SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Expires:	February 28, 2011
Estimated average burden hours per response	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *			2. Issuer Name and Ticker or Trading Symbol		5. Relationship of Reporting Person(s) to Issuer	
<u>TOWNE ROSS C</u>			<u>EDAC TECHNOLOGIES CORP</u>		(Check all applicable)	
(Last)	(First)	(Middle)	[<u>EDAC</u>]		<input checked="" type="checkbox"/> Director 10% Owner	
<u>1806 NEW BRITAIN AVE.</u>			3. Date of Earliest Transaction (Month/Day/Year)		Officer (give title below) Other (specify below)	
			<u>11/30/2009</u>			
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line)	
<u>FARMINGTON CT 06032</u>					<input checked="" type="checkbox"/> Form filed by One Reporting Person	
(City)	(State)	(Zip)			Form filed by More than One Reporting Person	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction (s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
<u>EDAC Technologies Corporation</u>							<u>17,438</u>	<u>I</u>	<u>by Trust</u>	
<u>EDAC Technologies Corporation</u>							<u>8,450</u>	<u>I</u>	<u>by IRA</u>	
<u>EDAC Technologies Corporation</u>							<u>33,900</u>	<u>D</u>		
<u>EDAC Technologies Corporation</u>							<u>6,150</u>	<u>I</u>	<u>by LLP</u>	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (s) (Instr. 4)	10. Owner Form: Direct or Indirect (I) (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					Title
<u>Stock option</u>	<u>\$3.64</u>	<u>11/30/2009</u>		<u>A</u>		<u>10,000</u>		<u>(1)</u>	<u>11/29/2014</u>	<u>EDAC Technologies Corporation</u>	<u>10,000</u>	<u>\$0</u>	<u>10,000</u>	<u>D</u>
<u>Stock option</u>	<u>\$2.1</u>							<u>(2)</u>	<u>12/01/2013</u>	<u>EDAC Technologies Corporation</u>	<u>5,000</u>		<u>5,000</u>	<u>D</u>
<u>Stock option</u>	<u>\$9.28</u>							<u>12/03/2007</u>	<u>12/02/2012</u>	<u>EDAC Technologies Corporation</u>	<u>10,000</u>		<u>10,000</u>	<u>D</u>

Explanation of Responses:

1. 3333 shares exercisable 11/30/10, 3333 shares exercisable 11/30/11, 3334 shares exercisable 11/30/12.
2. 1666 shares exercisable 12/02/09, 1667 shares exercisable 12/02/10, 1667 shares exercisable 12/02/11

Glenn L. Purple, attorney-
in-fact 12/02/2009

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.